

DR. SAJNI DEVI  
 ASST. PROFESSOR  
 Psychology Deptt.

**Lesson Plan (2022-23)**

Class: B.A. 1st year


Name of the Assistant/ Associate Professor:

(1st Sem)

Subject: Psychology

WEEK	TOPIC
22-26 Aug-2022	Meaning & Definition of Psychology History of Psychology Psychology as a Science
27-AUG---2Sept-2022	Subject Matter of Psychology Methods of Psychology : Experimental
3-9Sept-2022	Observation , Survey Sensory Processes : Meaning and Definition
10-17-Sept- 2022	Types of Sensory Process - Visual Sensory Process and Auditory Sensory process Structure & Function of Eye & Ear
18-24sept-2022	Perception : Nature , Perception of Form, Figure & Ground Practical : Simple Reaction Time
25sept-01Oct-2022	Perceptual Organization Depth Perception - Cues
02-9Oct-2022	Emotions : Meaning , Definition Characteristics , Bodily Changes
10-16oct-2022	Theories of Emotions : James - Lange, Cannon - Bard and Schacter Singer Practical : Study of Emotions
17-24Oct2022	Motivation :- Nature , Meaning Biological & Psychological Motives
27Oct-1Nov2022	Practical : Test of Motivation Personality : Nature & Determinants
2-9Nov2022	Different Approaches of Personality Trait Approach

10-17nov2022	Type Approach of Personality
18-24Nov2022	Practical EPI
25Nov-1DEC2022	Intelligence : Nature of Intelligence Characteristics, different view point regarding intelligence Theories : Spearman
2-9DEC2022	Thurston Theory of intelligence Cattell Theory of intelligence
10-16Dec2022	Difference b/w Spearman and Thurston theory of intelligence Practical : Verbal Test of Intelligence

  
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 Ass't. Professor  
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 Dept of Psychology

**Lesson Plan (2022-23)**

Class: B.A. II<sup>nd</sup> Year (3<sup>rd</sup> sem)

Name of the Assistant/ Associate Professor:

Subject: Psychology

WEEK	TOPIC
22-26Aug-2022	Introduction of Social Psychology Subject Matter Sociometric Method
27-AUG---2Sept-2022	Socialization : Meaning & Definition of Socialization , Socialization Process Agents of Socialization
3-9Sept-2022	Group : Meaning , Definition , Types & Functions of Group
10-17-Sept- 2022	Social Norms : Meaning , Characteristics of Social Norms & its Formation Practical on Sociometrics
18-24sept-2022	Leadership : Meaning & Definition , Types
25sept-01Oct-2022	Theories of Leadership : Trait , Situational & Interactional Practical on Leadership style
02-9Oct-2022	Attitude : Meaning & Definition Phenomenon of Attitude
10-16oct-2022	Characteristics of Attitude Development of Attitude
17-24Oct2022	Attitude change Practical on Measurement of Attitude
27Oct-1Nov2022	Prejudice : Meaning & Definition of prejudice , Development of Prejudices
2-9Nov2022	Types of Prejudice Method to Eliminate Prejudice Practical on 'Prejudice Scale'

10-17Nov2022	Stereotypes :- Meaning & Characteristics Significance of Stereotypes Practical on 'Study of Stereotypes'
18-24Nov2022	Prosocial Behaviour : Meaning, Definition Determinants
25Nov-1DEC2022	Cognitive Model of Prosocial Behaviour Aggression : Meaning & Definition
2-9DEC2022	Determinants of Aggression Prevention and Control of Aggression
10-16Dec2022	Theories of Aggression Practical on Aggression Scale

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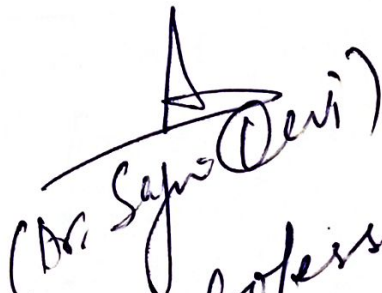
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 Psychology Deptt.

**Lesson Plan (2022-23)**

Class: B.A. III<sup>rd</sup> year (5th Sem) Name of the Assistant/ Associate Professor: Subject: PSYCHOLOGY

WEEK	TOPIC
22-26 Aug-2022	Meaning and Definition of Psychopathology Characteristics, Concept of Normality and Abnormality
27-AUG---2Sept-2022	Models of Psychopathology Biological, Psychodynamic, Behaviour and Cognitive
3-9Sept-2022	Classification System Need for Classification
10-17-Sept- 2022	DSM System Diagnostic Assessment: Meaning
18-24sept-2022	Case History, Interview Projective Techniques Practical on 'Clinical Interview'
25sept-01Oct-2022	Generalized Anxiety Disorder Types, Causes & Characteristics
02-9Oct-2022	Symptoms of GAD and Measures of GAD (Practical: Anxiety Scale)
10-16oct-2022	Obsessive Compulsive Disorder Major Symptoms and Etiology
17-24Oct2022	Phobic Disorder, Meaning & Types of Phobic Disorder, Symptoms of Phobic Disorder
27Oct-1Nov2022	Psychoanalytic and Behavioural Theories of phobia (Practical: EPT)
2-9Nov2022	Substance Use Disorder: Various types and effects, Alcoholism Meaning and various stages

10-17Nov2022	Opioids Disorders, Stimulants Disorders Practical Defense Mechanism Inventory
18-24Nov2022	Mood Disorder: Meaning & Main Symptoms Etiology - Cognitive & Behavioural Viewpoint
25Nov-1DEC2022	Unipolar & bipolar <del>Dis</del> Disorder Treatment of Unipolar & bipolar Disorder Practical Depression Inventory
2-9DEC2022	Schizophrenia: Meaning & Nature Various types
10-16Dec2022	Symptoms and Causes Treatment of Schizophrenia Practical TAT

  
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